



News & Notes

February 2013

Baby it's Cold Outside...

Winter wonderland would be a fitting description for WALH Winter Weekend Camp 2013. On the first weekend of February about thirty members of our WALH family got together amidst the snowy wilderness of Easter Seals Camp Wawbeek to keep one another warm and to share in a little fun.

Arriving at the tail end of a snow storm was quite the experience. If you think the big hill is formidable during the summer time, try driving to the top when it's covered with snow! Thanks, by the way, to the guys who helped Linda and I reach the top after about the ninth attempt. It would have been a cold night in the van without you! Once inside the confines of the Van Wie dorm, however, there was plenty of warmth to go around, from the friends as well as from the fireplaces.

It was a pretty laid-back weekend; with everyone content to pass the time chatting and playing games. A few souls were brave enough to spend a little time outdoors as well, taking in the beauty of the winter landscape. There also were a couple of great activities. The valentine's cake decorating contest was a blast, with four teams pitting their frosting skills against each other. The results – well let's just say they were delicious!

The artistic outpouring continued with a cool painting project brought by our fearless President Samantha Kostowicz. There were a lot of really nice pieces of artwork completed.



And, of course, what camp weekend would be complete without some fantastic eats prepared by Linda, Jean and Mary Kay. Between the Mac & cheese and hotdogs, the tater tot bar and the bread pudding, there was plenty of great food to keep our stomachs full and a smile on our faces. Thanks for the great job you guys!

As with all things, of course, the good times had to come to an end. We all left on Sunday a little more relaxed and with a few nice memories to hold us over until summer camp. Thanks to Camp Coordinator Erica Andres and President Samantha Kostowicz for her excellent job of planning the weekend and thanks to all who helped to make it a success. See you all in August!



*Just a nice winter shot of the
WALH Memory Tree...*



Above you can see that work on the dining hall remodel is progressing nicely. The windows were all boarded over at the time of winter camp, so we couldn't see inside, but I'm sure it will be great – and hopefully cooler in the summer...

*"With A Little Help", Inc. would like to thank the following
for their support of our programs...*

Foundations

Herbert H Kohl Charities
Bemis Company Foundation
Burmester Charities
WI Workers Compensation Forum

Lenore and Howard Klein Foundation
Victor and Christine Anthony Family Foundation
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Celebrated Sponsors

Ron & Barb Ernst
Berghoff Beer, West Allis

Jan Statz
Karen Najera

Community Support

Pepsi Cola Distributing Co
US Bank

Fondy Vintage Auto Club

*And a huge thank you to our campers, volunteers,
and friends for supporting our many fundraising activities!*

Kringles, Just In Time For Easter!

That's right! The WALH kringle sale is in full swing. Those tasty rings of frosted pastry goodness are always great sellers and your time to get one – or two or five – is running out! They are eight dollars each and you have until **Monday, March 4th** to get your order in. Flavors include:

Pecan, Almond, Apple, Cherry, Raspberry,
Blueberry, Apricot, Strawberry, Date,
Pineapple, Prune, Custard, Chocolate,
Turtle, Cheese, Blueberry Cheese, Cherry Cheese,
Raspberry Cheese and Almond Macaroon

If you are interested in ordering kringle please contact Linda at 414-571-0234 or ljlee@wi.rr.com Remember, you must have your order in no later than Monday, March 4th with delivery taking place on Sunday, March 24th. Get yourself some great tasting pastries just in time for Easter and support a great cause at the same time!

WALH Summer Camp 2013 Is On Its Way!

I know that there is still snow on the ground and we've got a ways to go before that thermometer breaks into the 60's, but that doesn't mean you can't start thinking about summer camp! Before you know it the time to start packing your shorts and sunscreen and the s'more fixin's for the campfire will be here. In case you don't already have it marked on your calendar, the dates for Camp Wawbeek 2013 are Saturday, July 27th through Friday, August 2nd.

Camp Coordinator Erica Andres and the rest of the WALH Board of Directors are hard at work on the plans for camp, doing their best to ensure that it will be a great and memorable week. Applications will be going out on or around March 9th, and they need to be returned to Erica by May 4th at the latest. If you have any questions or suggestions for programs, contact Erica by email at ericky1834@yahoo.com

Sponsorship Giving Program

Whether it be selling raffle tickets, buying a kringle or perhaps attending our Wine & Beer Tasting each year we try to have a variety of fundraising opportunities available for our members. We know it's hard to always ask the same friends and family to purchase, but the end result helps support our week of summer camp. Here is an opportunity that might be better suited for someone that may have business contacts within the community or even a friend or family member that is in the position of donating to "With A Little Help...", Inc. on a grander scale. Again this year we are reaching out to you with our Sponsorship Form. The Sponsorship Form includes information on a tiered giving program. Please take a moment and look at the enclosed form – feel free to make copies and pass along to others you may know. If you would like to have a letter and sponsorship form sent to an individual or business on your behalf I would be happy to do so. Please feel free to contact Linda at 414-571-0234.

The WALH Board of Directors Is Looking for YOU!

Just a quick note that the WALH Board Member nominations are due in by June 1st, 2013. If you have an interest in running for a position on the board or would like to nominate someone who you think would make a great contribution to the organization, contact Board President Samantha Kostowicz at samkostowicz@hotmail.com Remember, the deadline is June 1st. Join us in being a part of something special!

Newsletter submissions can be sent
to Scott Uhlman, Editor
suhlman@wi.rr.com

"With A Little Help...", Inc.
P.O. Box 320243
Franklin, WI 53132
(414) 571-0234

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SPONSORSHIP LETTER AND FORM.

THANK YOU.



February 2013

“With A Little Help...”, Inc. is making plans for our annual summer camp for adults with muscular dystrophy. The success of our camp is credited largely to our donors and sponsors, who lend their names and financial support to the week. The money we raise each year goes directly to providing a fun, safe and accessible week of camp for nearly 40 adults with muscular dystrophy. A week of summer camp for an adult camper along with their volunteer attendant cost is approximately \$750. Our goal has always been to provide this experience at no cost to our participants.

Celebrating our 32nd year, “With A Little Help...”, Inc. was established to provide camping opportunities for adults with muscular dystrophy and related neuromuscular diseases. Our summer camp, held at Easter Seals Camp Wawbeek in the Wisconsin Dells, allows adults to get away from their everyday routine and participate in various activities with those who face the same daily challenges. Our camp also provides much needed respite time for family members and personal care attendants who provide around-the-clock daily care. Each camper is paired with a volunteer attendant that provides personal care to them throughout their week of camp.

By participating as a sponsor you will benefit from exposure through our promotional efforts that are directed toward the supporters of “With A Little Help..”, Inc. We have developed a tiered approach to giving, each level demonstrates how your dollars will be used, and each is described on the enclosed sponsorship form. You can select the level of participation that best for you or your company, and be secure in the knowledge that your sponsorship fee will be used to help “With A Little Help...”, Inc. fund summer camp. Regardless of the amount of your support, your name, and company logo if applicable, will be proudly included in our upcoming newsletters, web site and displayed throughout the week of summer camp.

We're counting on your support, and I will be happy to answer any questions you may have. Please return your sponsorship commitment form to the address listed on the enclosed form. Thank you in advance for your willingness to support the efforts of “With A Little Help...”, Inc. and make a difference in our community.

Sincerely,

Linda Lee
Secretary, “With A Little Help...”, Inc.

Mary Kay Lee
Treasurer, “With A Little Help...”, Inc.



32nd Annual Summer Camp for Adults with Muscular Dystrophy
July 27 – August 2, 2013

SPONSORSHIP FORM

COMMITMENT SPONSOR - \$750 DONATION

The cost for one disabled adult and their volunteer attendant to participate in one week of summer camp.

UNITY SPONSOR - \$350 DONATION

The cost for one disabled adult camper to participate in one week of summer camp.

CELEBRATED SPONSOR - \$150 DONATION

The cost for one disabled adult and their volunteer attendant to participate in one day of summer camp.

Name _____

Company Name (if applicable) _____

Address _____

City _____ State _____ Zip _____

Email Address _____ Phone Number _____

Sponsorship Level: ___ COMMITMENT ___ UNITY ___ CELEBRATED ___ Other \$ _____

I am providing this sponsorship/donation on behalf of the following adult camper(s) of W.A.L.H. (if applicable):

If you would like to have your logo included on our publications please email to in pdf format to ljlee@wi.rr.com.

Please check here if you would prefer NOT to have your name/company included in our publications.

**Please send completed form and payment to:
"With A Little Help..." , Inc., P.O. Box 320243, Franklin, WI 53132, (414) 571-0234**

"With A Little Help..." , Inc. is a 501c3 non-profit organization – all donations are tax deductible.

www.walh.org